



# February, 2014



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
<p><b>Center is open Monday-Friday 9:00—1:00 p.m.</b></p>		<p><b>Happy Valentine's Day</b></p> 		<p><b>*February birthdays In red!</b></p> <p><b><u>HAPPY BIRTHDAY!</u></b></p>
<p><b>3 Bridge and Games</b></p>	<p><b>4 Games</b></p>	<p><b>5 Games</b></p> 	<p><b>6 Games</b></p>	<p><b>7 Lunch at The Old Cook Stove</b></p> 
<p><b>10 National Umbrella Day! Bridge and Games Joyce Griswold</b></p> 	<p><b>11 Games</b></p>	<p><b>12 Devotional With Beth</b></p> 	<p><b>3 Games</b></p>	<p><b>14 Valentine Party 1:00—2:00 p.m. 16 Pat Bookmiller Thelma Lindsey</b></p>
<p><b>17 Games</b></p>	<p><b>18 Games</b></p> 	<p><b>19 Out to Breakfast</b></p>  <p><b>Glenda Pollard</b></p>	<p><b>20 Games</b></p> <p><b>Dot Mercer</b></p>	<p><b>21 Games</b></p> <p><b>Gail Kohser</b></p>
<p><b>24 Health Notes Bridge and Games</b></p>	<p><b>25 Games</b></p> <p><b>Mary Camp</b></p>	<p><b>26 Games</b></p>  <p><b>Emma Hill</b></p>	<p><b>27 Games</b></p>	<p><b>28 Games</b></p> 

FEBRUARY

## ADSS NUTRITION PROGRAM

WINTER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Menu 6</b> 3 Orange Juice Brunswick Stew Buttered Rice Spring Vegetables Wheat Breadstick Margarine Fig Bar Milk	<b>Menu 7</b> 4 Meatballs (3)/Spaghetti Sauce Whole Grain Penne Pasta Italian Vegetables Fresh Fruit Texas Bread Margarine Lemon Pudding Milk	<b>Menu 8</b> 5 Tomato Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Turnip Greens Cornbread Margarine Gingerbread Cookie Milk/Buttermilk	<b>Menu 9</b> 6 Blended Juice BBQ Rib Patty Lima Beans Buttered Carrots Wheat Bread Margarine Cherry Gelatin Milk	<b>Menu 10</b> 7 Beef Fingers(3)/Brown Gravy Delmonico Potatoes Mixed Vegetables Rosey Applesauce Wheat Bread Margarine Yellow Cake Milk <i>Picnic</i>
<b>Menu 11</b> 10 Orange/Pineapple Juice Beef Rice Casserole Country Vegetables Cabbage Wheat Bread Margarine Oats & Honey Goldfish Cookie Milk	<b>Menu 12</b> 11 Breaded Pork Patty/Brown Gravy Whipped Potatoes Collard Greens Fresh Fruit Cornbread Margarine Raspberry Gelatin Milk/Buttermilk	<b>Menu 13</b> 12 Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple/Blueberry Cobbler Milk/Chocolate Milk	<b>Menu 14</b> 13 BBQ Chicken/Bun Northern Beans Broccoli Sliced Peaches Margarine Birthday Cake Milk	<b>Menu 15</b> 14 Grape Juice Italian Mac Casserole Green Beans/Red Peppers Tossed Salad/Ranch Dressing Wheat Breadstick Margarine Chocolate Chip Cookies - 2 each Milk
<b>Menu 16</b> 17 Apple Juice Meatloaf/Brown Gravy Country Potatoes Peas & Carrots Wheat Bread Margarine Strawberry Cake Milk	<b>Menu 17</b> 18 Cranberry Juice Chicken/Sausage Jambalaya Garden Vegetables Lima Beans Saltine Crackers Margarine Vanilla Goldfish Cookie Milk Alternate: Chicken/Tortilla Dumplings	<b>Menu 18</b> 19 Sliced Turkey/Gravy Whipped Sweet Potatoes Cold Country Tomatoes Fresh Fruit Whole Wheat Bread Margarine Oatmeal Crème Pie Milk	<b>Menu 19</b> 20 Taco Salad: Taco Meat Lettuce/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Orange Gelatin Milk	<b>Menu 20</b> 21 Blended Juice Grilled Pork Patty/Brown Gravy Rutabagas Mustard Greens Cornbread Margarine Chocolate Pudding Milk/Buttermilk
<b>Menu 1</b> 24 Orange/Pineapple Juice Honey Mustard Chicken Breast Country Corn Glazed Carrots Wheat Breadstick Margarine Pineapple Tidbits Milk	<b>Menu 2</b> 25 Hamburger/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	<b>Menu 3</b> 26 Grape Juice Chili with Beans Buttered Rice Marinated Slaw Saltine Crackers Margarine Chocolate Cake Milk	<b>Menu 4</b> 27 Cranberry Juice Chicken Noodle Casserole Green Peas Rutabagas Wheat Bread Margarine Sugar Cookies - 2 each Milk	<b>Menu 5</b> 28 Smoked Sausage Black-eyed Peas Mixed Greens Fresh Fruit Cornbread Margarine Strawberry Gelatin Milk/Buttermilk